

Learn about achieving optimal health through traditional, nutrient-dense foods and a holistic lifestyle.

Meetings every second Saturday of the month
9:30am - 1pm
Evangelical Covenant Church
1565 Larkin Ave., Elgin,IL 60123

Learn about achieving optimal health through traditional, nutrient-dense foods and a holistic lifestyle.

Meetings every second Saturday of the month
9:30am - 1pm
Evangelical Covenant Church
1565 Larkin Ave., Elgin,IL 60123

Learn about achieving optimal health through traditional, nutrient-dense foods and a holistic lifestyle.

Meetings every second Saturday of the month
9:30am - 1pm
Evangelical Covenant Church
1565 Larkin Ave., Elgin,IL 60123

Learn about achieving optimal health through traditional, nutrient-dense foods and a holistic lifestyle.

Meetings every second Saturday of the month
9:30am - 1pm
Evangelical Covenant Church
1565 Larkin Ave., Elgin,IL 60123

Learn about achieving optimal health through traditional, nutrient-dense foods and a holistic lifestyle.

Meetings every second Saturday of the month
9:30am - 1pm
Evangelical Covenant Church
1565 Larkin Ave., Elgin,IL 60123

Learn about achieving optimal health through traditional, nutrient-dense foods and a holistic lifestyle.

Meetings every second Saturday of the month
9:30am - 1pm
Evangelical Covenant Church
1565 Larkin Ave., Elgin,IL 60123

Learn about achieving optimal health through traditional, nutrient-dense foods and a holistic lifestyle.

Meetings every second Saturday of the month
9:30am - 1pm
Evangelical Covenant Church
1565 Larkin Ave., Elgin,IL 60123

Learn about achieving optimal health through traditional, nutrient-dense foods and a holistic lifestyle.

Meetings every second Saturday of the month
9:30am - 1pm
Evangelical Covenant Church
1565 Larkin Ave., Elgin,IL 60123

Learn about achieving optimal health through traditional, nutrient-dense foods and a holistic lifestyle.

Meetings every second Saturday of the month
9:30am - 1pm
Evangelical Covenant Church
1565 Larkin Ave., Elgin,IL 60123

Learn about achieving optimal health through traditional, nutrient-dense foods and a holistic lifestyle.

Meetings every second Saturday of the month
9:30am - 1pm
Evangelical Covenant Church
1565 Larkin Ave., Elgin,IL 60123